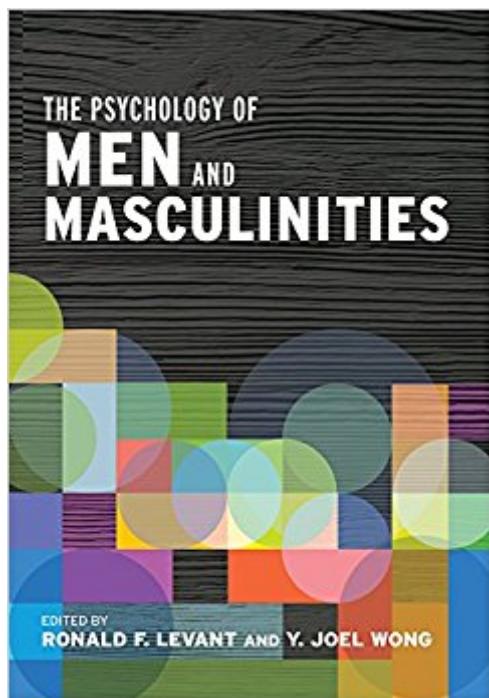


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The Psychology Of Men And Masculinities



Synopsis

The psychology of men and masculinities is a thriving, growing field dedicated to the study of how men's lives shape and are shaped by sex and gender. This volume shows how far the field has advanced and what directions it is taking. It explains and evaluates major theories, research, and applications, with an emphasis on the gender role strain paradigm and related theories. In addition, it synthesizes research on men's mental and physical health, as well as therapeutic interventions and prevention programs. Special attention is given to ethnic, racial, and sexual minority men. With such broad and inclusive coverage, this volume will be a standard reference for researchers and practitioners in this field and an essential part of university courses on men and masculinities.

Book Information

Hardcover: 440 pages

Publisher: American Psychological Association (APA); 1 edition (February 13, 2017)

Language: English

ISBN-10: 1433826909

ISBN-13: 978-1433826900

Product Dimensions: 7.2 x 1.1 x 10.2 inches

Shipping Weight: 2.2 pounds (View shipping rates and policies)

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Customer Reviews

A valuable resource that offers novel insights. With vivid illustrations in the daily news of hypermasculinity run amok among politicians, CEOs, and professional athletes (to name a few), this book provides a scientific perspective that is both timely and illuminating of men's unique struggles in the modern age. --PsycCRITIQUES

Ronald F. Levant, EdD, ABPP, earned his doctorate in clinical psychology and public practice from Harvard University. He served on the faculties of Boston University, Rutgers University, Harvard Medical School at The Cambridge Hospital, and as dean and professor, Center for Psychological Studies, Nova Southeastern University. He is currently a professor of psychology at the University of Akron, where he served for 4 years as dean of the College of Arts and Sciences. Y. Joel Wong, PhD,

is an associate professor in the APA-accredited Counseling Psychology Program at Indiana University. Dr. Wong obtained his PhD in counseling psychology from the University Texas at Austin and completed his APA-accredited internship at the University of Texas Counseling and Mental Health Center. He is a fellow of APA (Divisions 17: Society of Counseling Psychology; 45: Society for the Psychological Study of Culture, Ethnicity, and Race; and 51: Society for the Psychological Study of Men and Masculinity) and of the Asian American Psychological Association.

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